

Guide for Peer-to-Peer Education in Youth Group



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Acronyms

ANC- Antenatal care

CHPs - Community Health Promoters

CPVs - Child Protection Volunteers

COGS - Cost Of Goods Sold

DCS - Directorate of Children Services

FGM - Female Genital Mutilation

GBV - Gender Based Violence

HIV/AIDS - Human Immunodeficiency Virus/ Acquired Immunodeficiency Syndrome

ID - Identification Card

LSD - Lysergic acid diethylamide

MDMA - Methylenedioxymethamphetamine

MoU - Memorandum of Understanding

NGCDF - National Government Constituency Development Fund

SACCO - Savings and Credit Cooperative

STDs - Sexual Transmitted Diseases

STI - Sexual Transmitted Infections

TETEA - Together Empowering society To Eliminate the Abuse of women and children

VSLA - Village Savings and Loans Association

VAC - Violence Against Children

1. INTRODUCTION TO THE PEER-TO-PEER EDUCATION IN YOUTH GROUPS

Youth can be potential perpetrators of violence against women due to deeply ingrained cultural beliefs and social norms that condone gender-based violence. Youth can also be role models in terms of gender equality and protection of women. Lack of awareness and education about respectful relationships can contribute to harmful behaviors among young individuals. Addressing this issue requires a comprehensive approach that focuses on promoting gender equality, challenging toxic masculinity, and educating youth about the importance of respect and consent.

Therefore, the objective of the youth groups' peer to peer education is to empower youths by gaining knowledge on life skills, toxic and positive masculinity, gender equality, GBV including, sexual violence, domestic violence, GBV prevention and response actions, among other topics. The approach intends to train 2 "youth ambassadors" per each youth group who are committed to conduct peer-to-peer education by using participatory methods such as edu-entertainment and sport activities to reach out to their youth group members and other youths in schools, vocational institutions, youth events, community events among other forums. The youth group members through the support of their mentors (trained CHPs/CPVs) will also be linked to services such as bursaries, enrolment in schools and vocational institutions, other youth empowerment programs such as loans for start-up businesses among others.

The approach intends to work with existing youth groups, consisting of either formal or informal youth-friendly spaces that bring youth together with a common goal. The groups are vetted/screened with the support of local administration and youth officers to understand their reputation since the aim of their engagement is to eventually become youth ambassadors.

The groups comprise both males and females aged 15-24 years, who are willing to participate in empowerment activities and cascade the learnings to their peers within the community. Each support group consists of at most 25 youth who are from within the village or sub-location of target. Participation in the project activities is voluntary. The groups are assigned to a mentor - Community Health Promoters/ Child Protection Volunteers (CHPs/CPVs) - committed to the protection of girls and women.

The CHPs/CPVs and 2 youth ambassadors per group are trained on the guide which has 16 modules addressing gender and child rights, sexual and reproductive health, and life skills. The trained youth ambassadors, then, with the support of the CHPs/CPVs facilitate bi-monthly 16 dialogue sessions with their peers in the youth groups on the 16 topics presented in this guide. Finally, the youth group members are to conduct peer-to-peer education outside their groups by using participatory methods such as edu-entertainment and sport activities to reach out to other youths in schools, vocational institutions, youth events, community events among other forums.

This document is to be used as a guideline by implementing partners training selected mentors (Community Health Promoters/ Child Protection Volunteers) on the youth groups methodology and the trained CHPs/CPVs when capacity building / sensitizing youth groups members and overseeing peer-to-peer activities in the community. It will help the mentors ensure that key information is understood and passed to the members of the youth groups in a systematic way. The guide is divided in 16 modules – topics; one or more activities per module are proposed to facilitate the transfer of concepts, allow reflection and discussion among the youths. This guide adheres to all key human rights principles and peaceful practices such as gender equality, child participation, adherence to positive norms, non-violent behavior and attitude, and stress management.